

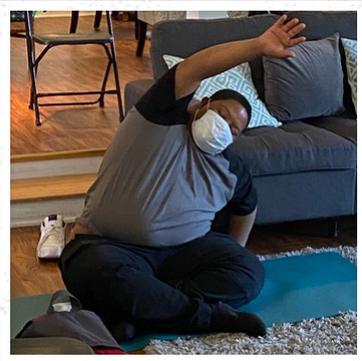
Be Exceptional!

THE EXCEPTIONAL FOUNDATION OF ATLANTA

MONTHLY NEWSLETTER - FEBRUARY 2021

YOU UNIVERSITY, WELLNESS WATCHERS, AND EXERCISE

We have all been working hard on our New Year Resolution to stay healthy and fit. Wellness Watchers members talk about healthy eating habits and how to make good choices. Members can choose to exercise in weekly yoga classes or circuit training. You University helps members think about making good life choices and becoming self-advocates for dignity and respect. In all these ways members are able to learn about taking responsibility for their own mental and physical health.



WHEELS!

Our special interest group, Wheels!, has had a fun month. Our fearless leader, Mr. Charles, has brought in radio controlled cars and even a steam engine that his father built long ago - it still works! We had a Dream Car show and tried to guess which dream cars were chosen by which members. We had a matchbox car show and race. We ended the month visiting the Sparky's Car Machines Auto Museum in Loganville. Look for more fun with Wheels! next month.



WRITER'S WORKSHOP

In an adapted format of the Author's Program at Leap for Literacy, our members are writing their own children's books. Stan the Man, founder of Leap for Literacy, came out to visit us and read us the book that he wrote and inspired us to write our own. Each participant has been matched with a writing buddy (thank you to all our writing buddy volunteers: Ms. Meg, Ms. Collette, Coach D., Ms. Debbie, and Ms. Barb). Everyone has brainstormed about what story they want to tell, identified main topics, practiced telling their story aloud, and are now in the process of actually writing it out. We have a great assortment of books: non-fiction books about cars, animals, and the stock market, and a variety of fictional stories. It has been fascinating to watch our members find their voices!



NIGHT TO SHINE

Night to Shine, the annual prom for special needs adults put on by the Tim Tebow Foundation, went virtual this year. EFATl decided to hold a small viewing party with our regular members. Everyone ate dinner first and then watched the show, dancing and singing along. The finale as always was the crowning of each person as a king or queen of the prom. Thanks to Grace Snellville and Bethlehem Church for the beautiful space and gift boxes and to other friends for decorations and dessert.



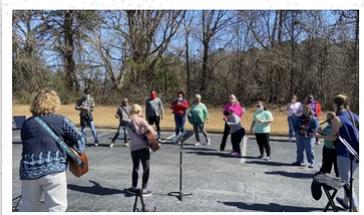
MARDI GRAS

Any excuse for a party. This group knows how to have a good time!



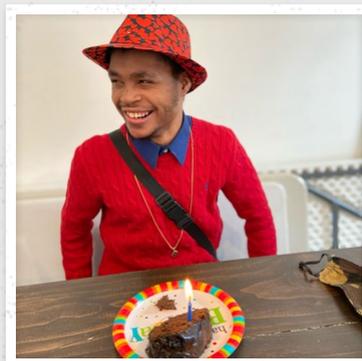
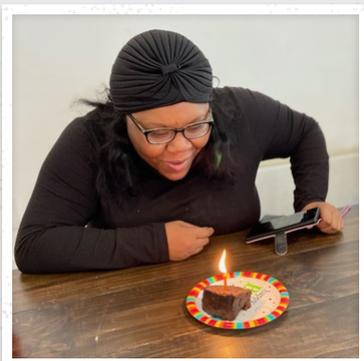
DRIVE-IN SINGALONG

Thanks to some warmer weather, we were able to have another drive-in singalong with senior citizens in our community. In partnership with Metro Music Therapy and Calvin Cove, EFAtI members helped entertain and bring joy to these seniors.



HAPPY BIRTHDAY TO YOU!

Whether celebrating with EFAtI members at D-House, or being the lucky recipient of a Surprise Birthday Driveway Singalong (for those members not able to return in person yet), birthdays are a BIG DEAL here at The Exceptional Foundation of Atlanta. Celebrating each and every one helps our members know they are worthy and loved.



TIME TO GET YOUR GOLF GAME ON!

EFAtI is holding our first annual golf tournament, Putt for a Purpose! Sponsors and players can come together for a day of fun. Together we hope to raise funds to help us with another first, our first Exceptional Summer Program! If you are a golfer or just an Exceptional Enthusiast, we hope you'll join us. Head over to our website for more information and to register:

<https://www.efatl.org/get-involved/2021-golf-tournament>



GET READY FOR AN EXCEPTIONAL SUMMER!

We are happy to announce our first Exceptional Summer Program, four weeks of Exceptional fun with all your Exceptional friends, ages 16 and up. You may attend one week or up to four weeks, Mondays through Thursdays from 9am to 2pm. The dates are: June 7-10, June 14-17, June 21-24, and June 28-July 1.

For more information call 770.504.6053, email us at info@efatl.org or head over to the website <https://www.efatl.org/summer-2021> to complete an inquiry form.



WE NOW HAVE PAYPAL TO MAKE DONATING EASIER!

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Our arrangement with PayPal also enrolls us in the PayPal Giving Fund. EFAtl donors can support us on PayPal partners' platforms, including PayPal, eBay, GoFundMe, Humble Bundle, Airbnb, Nextdoor, ShoppingGivces, and Zakatify.



THE EXCEPTIONAL FOUNDATION OF ATLANTA

 Facebook

A day program for adults with intellectual disabilities that provides purposeful activities to increase social interactions, community involvement and healthier lifestyles.

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 efatl.org

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